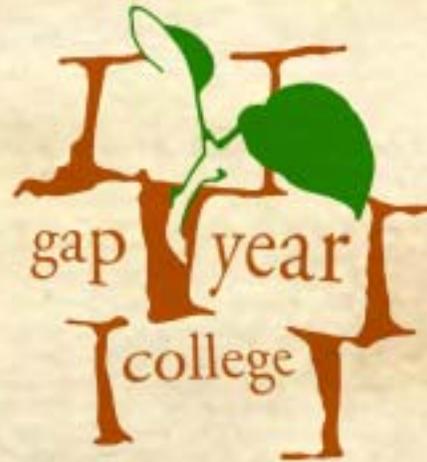


## Background

In today's society, education has been reduced to competing for the highest marks and gaining entry into top universities. The decision about one's future and one's career has been reduced to whatever happens to be the trend at that time and to whatever one expects will bring money and respect. As a result, the pressure on students has become overwhelming, with no time and space to actually discover themselves and what lifestyle and work will truly bring them happiness. The idea that the work they do could actually be a source of happiness and meaningfulness has often been lost.



The Gap Year College is an attempt to create spaces and opportunities that fill that void by guiding students on how to think, not what to think.



Understanding, Integrity, Responsibility, Participation  
in the Larger Order

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Can **work** be a motivation in itself?

What should be the **parameters**  
for choosing my **career**...

Money? Fame?

Do I want to compete or **relate**?

**Who** decides for me – the trend,  
marks, parents or myself?

What are the options for my **future**?

Do I study only for marks,  
or for the **joy** of knowing?

Have I ever  
really explored  
my **Self**?



## Why a Gap Year College?

To understand one's aim in life before making important decisions.

To be able to learn and explore without any external pressures (i.e. marks, parents, competition, etc.) – to explore for the thirst of knowing.

To be introduced to a diverse range of options for one's future.

To gain absolute confidence (based on self-worth) in the place of relative self-confidence (based on comparison).

To support the students, now and in the future to choose a career-path and life-style that is satisfying and decided on their own right.

To explore and understand the Self (and body), family/friends, society, nature, and existence; and the relationship that one has with all of these various levels; and how to live accordingly.

To gain a range of empowering skills.

To develop a high level of critical thinking.

## What is the Gap Year College?

Co-educational and residential program for youth.

Structured around a non-religious, rational understanding of life.

Opportunity to hone a wide range of functional competencies: verbal, logical, kinaesthetic, and interpersonal.

Courses on philosophy, ontology, lateral thinking, cultural studies, literature, language, music, and arts.

Inclusive of classroom sessions, dialogues, readings and films, hands-on training, fieldwork, seminars, interactions, exposure trips, and personal exploration.

Access to a very wide range of prominent mentoring personalities from across the nation.

Preparation for excellence in almost any field of human endeavour.

## When

From July 2007 to April 2008.

## Where

In the majestic foothills of the Himalayas, near Kempty village, approximately 12 km away from Mussoorie.

## For Whom

Students who have passed Class X or XII or higher.

Young students (preferably between the ages of 16 to 21) who are interested in self-exploration.

## How to Apply

Application forms and further details are available online at [www.sidhsri.com](http://www.sidhsri.com) or you can write to us.

There is no strict deadline, but those interested are urged to apply as early as possible, since places in the programme are limited.

Feel free to contact us with your questions and queries.